

GOVERNMENT RELATIONS INTERN

POSITION:

Metro Cities (Association of Metropolitan Municipalities), a lobbying organization that represents cities in the seven-county metropolitan area at the Executive Branch, MN State Legislature and Metropolitan Council, is seeking an intern for early February through May 2026. This position is designed to provide recent graduates from undergraduate or graduate programs an opportunity to assist Metro Cities with its 2026 legislative work. Applicants should possess an interest in and general understanding of state legislative processes.

DUTIES:

Assist Metro Cities staff with:

- Tracking legislative bills and issues
- Weekly newsletter writing and editing
- Researching issues relating to legislation and policy activity
- Scheduling meetings with legislators
- Other duties and projects as assigned

Salary: \$17.00 per hour

Requirements:

- BA/BS degree
- Excellent writing skills
- Ability to multi-task, organize and prioritize workload
- Strong research skills
- Must be self-directed, able to work with minimal supervision
- Must be able to work full time, including late or weekend hours as needed
- Proficiency with computer and software programs (Excel, Word)

Send resume and cover letter by December 15, 2025 to:

Jennifer Dorn, Office Manager
Metro Cities
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St Paul, MN 55103
jennifer@metrocitiesmn.org